

Becoming a Flourishing School



INTRODUCING THE FLOURISH WELLBEING FRAMEWORK TO SCHOOLS

The Flourish Values Model (FVM) provides a simple way of showing all the things we need to think about when we want to promote and support human flourishing. As an ecological model it shows that human beings exist within the larger system of the natural world – and that the health and wellbeing of children and young people is essential for the wellbeing of communities and societies.

The FVM Schools mission is to: transform narratives, attitudes and behaviours, resulting in enhanced human values and wellbeing and flourishing school communities

By becoming an FVM Pilot School you agree to:

- adopt the Flourish Values Model (FVM)
- work with the Flourish team in exploring how to initiate a system-wide conversation about the triple nature of wellbeing i.e. Self, Others and the Natural World
- use the Flourish resources to help everyone explore where values and worldviews come from
- use the Flourish resources to help show that everyone matters
- use the Flourish resources to help explore how we can create a more caring and sustainable planet
- act as a collaborative partner in assessing the impact of the project on school wellbeing

FVM Assumptions

- Beneath the personal values and mindsets that have shaped whom we are, we all share the same core needs and a common humanity
- Students, parents and teachers all have physical, mental, emotional and spiritual needs that need to be met for them to flourish
- Children and young people want to actively participate in the creation of a more meaningful, compassionate and sustainable world
- Schools are hugely important centres for change