

REDEFINING OUR UNDERSTANDING OF WEALTH

The Seven Forms of Wealth

Spiritual Wealth

beauty, gratitude, compassion, peace
expansion, transformation, evolutionary growth

Cultural Wealth

traditions, rituals, the arts,
faith, mythology, storytelling

Societal Wealth

validation, learning, value
contribution, worth

Emotional and Mental Wealth

personal agency, time, meaning, purpose
creativity, flow, self-expression, fulfilment

Financial Wealth

security, choice, freedom, status

Relational Wealth

healthy family patterns,
connection and belonging

Environmental/Physical Wealth

shelter, stability, clean air and water, healthy ecosystem
genetics, nutrition, exercise

