

GROWTH

CONTRIBUTION

FULFILMENT

ENGAGEMENT

INDEPENDENCE

RELATIONSHIP

SECURITY

Flourish Project

Seven Levels of Everything



Flourish Model- Children's Questions

GROWTH

How are we protecting children's human rights as young citizens? Are the best interests of the child at the heart of all decision-making? Are all children able to experience beauty, wonder and joy? Are we supporting all aspects of their flourishing?

CONTRIBUTION

How are children's voices being heard? How are they being actively involved as young citizens? In what ways are they able to contribute to the decision-making processes about things that effect them?

FULFILMENT

How are we ensuring that children are able to fully express themselves? In what ways are we recognizing and supporting their unique backgrounds, mindsets and learning dispositions? How are we ensuring that every child feels valued? How are we preventing them from being exposed to developmentally damaging or inappropriate pressures?

ENGAGEMENT

Are we giving children the time to be curious and explore the things in the environment that most interest them? Are we ensuring that they have lots of time and freedom for free play? Are we ensuring that they are getting the right environmental opportunities? Are we supporting them in finding lots of ways that they can express themselves as unique individuals?

INDEPENDENCE

How are we maximising early brain-building? How are we nurturing children's ability to learn and do things for themselves? How are we nurturing their resilience and ensuring that they are not afraid to take risks and learn from failure? How can we ensure that they can follow their unique interests and aspirations? How can we identify if they have problems or need extra support?

RELATIONSHIP

How do we ensure that every child feels loved and wanted? How do we provide every child with strong and consistent relationships/parenting?

SECURITY

How do we ensure that every child feels safe and secure? How do we ensure that every child has shelter, clean water and enough to eat? How do we ensure that every child has the best possible physical environment to grow up in? How do we ensure that every child has a healthy balanced diet? What healthcare systems are available to support the needs of seek or physically disabled children?

Flourish Model- School Questions

GROWTH

How are we protecting children's human rights as young citizens? Are the best interests of the child at the heart of all our activities? Are all children being given the space and time to experience beauty, wonder and joy? Are we supporting all aspects of their flourishing?

CONTRIBUTION

How are ensuring that children's voices are being heard and responded to? How are they being actively involved as the citizens, leaders and decision-makers of the future? In what ways are they able to contribute to the decision-making processes about things that effect them?

FULFILMENT

How are we ensuring that children are able to fully express themselves? In what ways are we recognizing and supporting their unique backgrounds, mindsets and learning dispositions? How are we ensuring that every child feels valued? How are we preventing them from being exposed to developmentally damaging or inappropriate pressures?

ENGAGEMENT

Are we giving children the time to be curious and explore the things in the environment that most interest them? Are we ensuring that they have lots of time and freedom for free play? Are we ensuring that they are getting the right environmental opportunities? Are we supporting them in finding lots of ways that they can express themselves as unique individuals?

INDEPENDENCE

How are we nurturing children's ability to learn and do things for themselves? How are we nurturing their resilience and ensuring that they are not afraid to take risks and learn from failure? How can we ensure that they can follow their unique interests and aspirations? How can we identify if they have problems or need extra support? How are we supporting the needs of seek or physically disabled children?

RELATIONSHIP

How are we ensuring that every child feels valued and cared for? How are we helping to promote the importance of strong and consistent relationships/parenting? How are we promoting positive and supportive friendship groups? How are we responding to the impact of social media?

SECURITY

How are we ensuring that every child feels safe and secure? How are we ensuring that every child can get enough physical exercise? How are we ensuring that every child has appropriate nutrition and enough to eat? How are we ensuring that every child is provided with the best possible learning environments? How are we protecting children from abusive or bullying situations?

Flourish Model- Adult Questions

GROWTH

In what ways am I currently supporting my own growth/inner development/spirituality? What am I currently doing to achieve a sense of inner /deeper connection or 'high'? What is my own definition of a 'Good Life'? What values would I like to see in society? What resources would I like to be able to access to support my own sense of meaning, connection and wellbeing?

CONTRIBUTION

Do I currently feel that that my voice and opinions matter and that I am being listened to? What could need to change/ could I get involved in for me to achieve this? What would I do to create a better sense of community? What resources would we need?

FULFILMENT

Do I currently have a sense of meaning and purpose in my life? What would need to change for me to achieve this? In what ways could I use my knowledge, skills and abilities? What needs to change for me to feel more happy and fulfilled? What steps can I take to help me get there? What resources would I need?

ENGAGEMENT

In what ways am I able to access continual new learning opportunities? How can I ensure that I can spend more time doing things that I am most drawn to/ interested in and love? How can I express my individuality?

INDEPENDENCE

Am I getting the support I need to enable me to be as independent as possible? What changes would I make if I could improve my current situation? How can I learn the things I want so that I can do the things I am most interested in/want to do? How can I earn an income that supports my basic needs?

RELATIONSHIP

How am I fulfilling my need to love and be loved? What can I do to more easily/better connect with others? How can I improve the nature and quality of my family relationships? How can I improve and develop my friendship groups? What additional resources would I need to feel more connected?

SECURITY

What can I do to ensure that I feel safe and secure? Do I have shelter, clean water and enough to eat? Do I live in a safe and healthy environment? And if not, what would I need to do to achieve this? Do I have enough income to support my basic needs? Am I getting enough exercise? Am I eating a healthy, balanced diet? Am I avoiding things that I know harm my system?

Flourish Model- Community Questions

GROWTH

In what ways are we supporting everyone's growth/inner development/spirituality? How are we promoting kindness, generosity and compassion as core qualities of our community? What values would we like to see in our community? How do they differ from our current reality and what steps could we take to correct this? How can we support everyone's sense of meaning, connection and wellbeing? How can we ensure that we are contributing to a happier, healthier planet?

CONTRIBUTION

How do we ensure that local people's voices and opinions matter and that they are being listened to? How can we connect people up and help them feel part of a larger community? How can we promote a sense of community pride? How can we introduce fun and laughter into the process? What would need to happen to achieve this? What resources would we need? And how would we

FULFILMENT

How can we find out what local people feel would give them more meaning and purpose in their lives? What would we need to introduce/change to achieve this? In what ways could we tap into and use local knowledge, skills and abilities? What small steps could we take to help us get there? What resources would we need? and how would we access them?

ENGAGEMENT

How do we ensure that everyone knows what is going on locally and can access new learning opportunities? How can we give people access to, and involvement in, the arts? How can we help people to spend more time doing and sharing the things that they are good at and love? How can we help everyone express their unique talents and individuality?

INDEPENDENCE

How can we ensure that we can support people in being as healthy and independent as possible? What changes would we like to make to the current system? How could we find out what people are interested in and give them more access to what they would most want to do? How could we tap into and develop new forms of community wealth?

RELATIONSHIP

How are we ensuring that nobody needs to feel lonely? What are we doing to support healthy partnerships and child & family relationships? How can we help people to develop friendship groups? What additional resources would people need to feel more connected? How can we reach out to disadvantaged and minority groups?

SECURITY

What changes can we make to our streets so that we can feel safe and secure? Does everyone have shelter, clean water and enough to eat? Do we all live in safe and healthy environments? If not, what would we need to do to achieve this? Do people have enough income to support their basic needs? Are they able to get enough exercise? Are our transport systems supporting their real needs? Are we all being helped to eat healthy, balanced diets?

Flourish Model – Local authority Services

GROWTH

SPIRITUAL/SELF-DEVELOPMENT SUPPORT, ACCESS TO NATURE (PARKS AND GREEN SPACES), WELLBEING SERVICES AND RESOURCES

CONTRIBUTION

VOLUNTARY SERVICES, FAITH CENTRES, SUPPORT GROUPS, COMMUNITY GROUPS AND NETWORKS

FULFILMENT

UNEMPLOYMENT SERVICES, APPRENTICESHIPS, BUSINESS SERVICES AND SUPPORT, MENTORING, COMMUNITY SUPPORT NETWORKS

ENGAGEMENT

THE ARTS, MUSIC AND DANCE, LEISURE AND ENTERTAINMENT, LIBRARIES, YOUTH CLUBS, ADULT EDUCATION, COMMUNITY INVOLVEMENT, CITIZENS PANELS, COMMUNITY CONSULTATIONS

INDEPENDENCE

EARLY CHILDHOOD CARE AND EDUCATION, CHILDMINDERS, CHILDRENS CENTRES, NURSERIES, SCHOOLS, AFTER SCHOOL CARE, YOUTH SERVICES, URBAN PLANNING, PLAY AREAS, TRAVEL SERVICES, SOCIAL SERVICES, DISABLED AND SPECIAL NEEDS SUPPORT, CARE OF THE ELDERLY, MENTAL HEALTH SUPPORT, THERAPEUTIC SERVICES, PRISON SERVICES, DRUG REHABILITATION

RELATIONSHIP

PREGNANCY SERVICES, MENTAL HEALTH SERVICES, SEXUAL HEALTH SERVICES, PARENTAL SUPPORT, COUPLES COUNSELLING

SECURITY

HOUSING DEPT, HOMELESS SUPPORT, HEALTH SERVICES, SPORT FACILITIES, URBAN PLANNING, ENVIRONMENTAL HEALTH, FOOD HYGIENE, WASTE MANAGEMENT, COMMUNITY POLICING, JUSTICE SYSTEM

Flourish Model- Community Resources

GROWTH

Self Development Groups, Growth Circles, Mindfulness and Meditation initiatives, Yoga, Holistic health and care, Life and Death Cafes, Compassion initiatives, Happiness initiatives

CONTRIBUTION

Participatory Urban Design, Art Exhibitions, Music Festivals, Community Cafes, Flourish Cafes, Youth Voice initiatives, Connect initiatives, Meet-Ups, Skill shares, Be-My-Eyes, Give-Back, Street-shares, Food-shares

FULFILMENT

Learning and Working, Making, Fixing, Trading and Sharing, Art hubs, Creative cafes, Skill-shares, Food-Shares

ENGAGEMENT

Learning and Working, Making, Fixing, Trading and Sharing
Skill-shares, Craft Cafes, Local Hubs and Networks

INDEPENDENCE

Learning and working, Playing Out, Play Streets, Forest Schools, Making, Fixing, Trading and Sharing, Digital cafes, Community Bookshares

RELATIONSHIP

Meetups, Meet your Neighbor, Coffee and Chat, Newbie Networks, Back-up Buddies, Laptop Fridays, Community Circles, Making, Fixing, Trading and Sharing, Pet shares, Adopt a neighbour initiatives

SECURITY

Participatory Urban Design, Living Streets, Walk your city, Place Standards
Cooking and Eating Initiatives, Community making, Food Forests, Community planting, Garden Libraries, Public Compost boxes

Flourish Model- Public Health England Index of Wellbeing Measures

GROWTH

Future Plans

CONTRIBUTION

FULFILMENT

Life Situation – Happiness/Positive Outlook – Time or Money Use

ENGAGEMENT

Values and Attitudes

INDEPENDENCE

Social and Emotional Skills – Self Confidence – Self Esteem – Personal Agency – Coping and Control

RELATIONSHIP

Family – Peers/Popularity – Social Skills – Self Image

SECURITY

Neighbourhood Environment – Home Environment – School Environment – Protective Factors – Service Support

Flourish Model- OECD 2019 Education Megatrends

'Competence as a multi-dimensional capacity'

GROWTH

Lifelong Learning – Intergenerational Contact and Learning – Modern Governance

CONTRIBUTION

Democratic Citizenship – Global Competence – Inclusiveness

FULFILMENT

Creativity and Entrepreneurship

ENGAGEMENT

Values and Attitudes

INDEPENDENCE

Mobility – Equity – Digital Divides – Knowledge Economy

RELATIONSHIP

Respecting Boundaries – Social and Emotional Wellbeing – Inequality – Diverse Families

SECURITY

Preserving the Environment – Physical Health and Lifestyles – Protecting Body and Mind – Securing Financial Wellbeing – Economic Literacy – Safeguarding Cyberspace

Flourish Model- OECD 2030 Curricula Design Principles 'Balancing knowledge and skills with attitudes and values'

GROWTH

CONTRIBUTION

Transferability- knowledge, skills, attitudes and values that can be transferred to others

FULFILMENT

Alignment – with teaching and assessment practices that value student outcomes and actions

Authenticity and Purpose – linking learnt experience to the real world

ENGAGEMENT

Focus – enhance the depth and quality of learning

Coherence: reflect sequenced logic and enable progress thought stages

Rigour - challenge that involves deep-thinking and reflection

INDEPENDENCE

Teacher Agency – empowering teachers to use their professional knowledge, skills and expertise

Student Agency – designed around students interests and motivations and recognise prior knowledge, skills, attitudes and values

Choice – diverse range of topic and project options

RELATIONSHIP

Interdisciplinary and Collaborative Learning

Inter-relation – linking topics across disciplines and to real life

SECURITY

Flexibility – adaptable and dynamic curricula that respond to evolving societal requirements as well as individual learning needs

Stakeholder Engagement – teachers, students and other stakeholders should be involved in early curricula development, to ensure ownership

Flourish Model- New educational Curriculum in Finland - **with educational competencies** – “promoting students’ growth as human beings and as citizens”

GROWTH

Sustainable future orientation

Building a sustainable future

CONTRIBUTION

Participation and democratic action

Participation involvement

FULFILMENT

Learning environment and methods

**Working life competence
Entrepreneurship**

ENGAGEMENT

Learning community
Interaction and versatile learning
approaches

**Working life competence
Multiliteracy**

INDEPENDENCE

Cultural diversity and language awareness
Subject lessons and multi-disciplinary
learning modules

**Digital competence
Thinking and learning to learn**

RELATIONSHIP

Equity and equality
School welfare activities, guidance and
support

**Cultural competence, interaction
and expression**

SECURITY

Structure of the schools days
Assessment and feedback
Environmental responsibility
Wellbeing and safety in daily life.

**Taking care of oneself
Managing Daily Life**

Flourish Model - Curriculum Content

GROWTH

Lifelong Learning – Reflective Practices – Natural Systems – Peace – Spirituality – Faith – Religions – Wisdom – Empathy – Suffering – Love

CONTRIBUTION

Culture – Society – Power – Politics – Ethics – The Media – Leadership – Intergenerational Learning – Global Citizenship – Empathy – Kindness – Inclusiveness – Generosity – Reaching and Sharing – Becoming a Change Agent

FULFILMENT

Personal Meaning – Flow – Happiness – Optimism – Positivity – Pessimism – Boredom – Purpose – Success – Self Expression – The Arts – Celebrity – Entrepreneurship

ENGAGEMENT

Meaning-Making – Challenge – Curiosity – Courage – Creativity – Concentration – Playfulness – Persistence – Innovation

INDEPENDENCE

Social and Emotional Skills – Self Confidence – Self Esteem – Personal Agency – Self-Regulation – Mastery – Resilience – Mobility – Digital Equity

RELATIONSHIP

Belonging – Family – Identity – Diversity – Friends – Peers/Popularity – Respecting Boundaries – Social Skills – Adverse Childhood Experiences (ACES) – Self Image – Loneliness – Inequality – Bullying – Conflict Resolution – Tribes – Gangs – Social Media

SECURITY

Protecting the Environment – Pollution – Climate Change – Environmental Destruction – The Natural World – Food Systems – Waste – Nutrition – Physical Health and Lifestyles – Brain Development and Plasticity – Clothing – Homes and Habitats – Homelessness – Neighbourhoods – Immigration – Refugees – Work – Money and Finances – Economic Literacy – Safeguarding Cyberspace

Flourish Model- Mapping Table

GROWTH

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INDEPENDENCE

RELATIONSHIP

SECURITY